#### I. <u>Knowledge of the Faith</u>

God the Son: Jesus Christ <mark>Faith</mark> The Church Old Testament Scripture The Last Supper The Resurrection

(6.1.1 S, M, T)**ESSENTIAL**...reports that Jesus reveals the invisible God and is his greatest sign of love to us

Examples: Gen. 3:15, Prophet Isaiah, CCC 65-67, 522, 763-766

- □ Explains how Jesus is the fulfillment of the OT covenants
- Describes Jesus' life as a 1st-century Jew and his religious practices

(6.1.2 S, M, T)...determines that belief in God is the very foundation of our faith Examples: Holy Trinity, Incarnation, Passion, death, resurrection, Communion of Saints, One, Holy, Catholic, Apostolic, Mt. 18:20, Pentecost, Mt. 28:16-20, Acts, 2, CCC 187, 194-199, 685, 689, 702-703, 707, 731

- □ Recognizes that the Apostle's Creed and the Nicene Creed are summaries of the faith of the Catholic Church
- $\Box$  Identifies the Holy Spirit as the source of the gift of faith

(6.1.3 S, M, T)...outlines the structure of the Bible

Examples: OT and NT, Number of books in each testament – 46 OT, 27 NT, The Great Bible Timeline, the Pentateuch (Torah), 4 parts of OT – Pentateuch, Historical, Wisdom, and Prophetic, 4 Gospels, Epistles, St. Paul, CCC 120-133

- □ Explains that The Last Supper is both a celebration of the Jewish Passover and the institution of the Catholic Mass
- □ Makes sense of the weekly Mass in relation to Jesus' command at the Last Supper to "Do this in remembrance of me"

(6.1.4 S, M, T)*ESSENTIAL*...explains that The Resurrection of the Dead is a central belief of our faith where we will share in Jesus' victory over death and receive a restored and glorified body to live with God eternally in Heaven

Examples: The Shroud of Turin, The Assumption of Mary, Historically verified miracles, Incorruptible Saints, 1 Cor. 15:3-4, CCC 638-639, 990

- □ Highlights The Assumption of Mary as evidence of our promise to share in Jesus' resurrection
- □ References the testimony of the Apostles, the Gospels, and the miracles of the Saints throughout history as evidence of God fulfilling his promise of eternal life to those who follow his Son

(6.1.5 S, M, T)...identifies the Old Testament stories in which God's goodness prevails over sin and evil

Examples: Genesis 1-3, Noah, Call of Abraham, Saving Issac, Moses and the Exodus, David and Goliath, 10 Commandments, the Prophets, loss of original holiness, human inclination towards choosing sin over good, CCC 385-390, 702, 703-716

- □ Describes the events of the Fall and the effects of Original Sin
- □ Summarizes the Church's view that the Old Testament is irreplaceable and helps to make sense of the New Testament

(6.1.6 S, M, T)...describes the Church as the Body of Christ, Jesus is the Head, and we are the members of his mystical body

Examples: "I am the Vine and you are the branches", The Communion of Saints, CCC 119, 779, 783-786, 789, 805, 1544

- □ Distinguishes between priests, prophets, and kings; gives examples of each throughout the story of the Bible
- □ Explains that we, as the Church, share in Jesus' priesthood, his mission as prophet, and his role as king through our baptism and confirmation

#### II. Liturgy and Sacraments

<b>Baptism</b>	The Mass	Eucharist	Confession	<b>Confirmation</b>	Holy Orders	
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(6.2.1 S, M, T)...explains that the anointing at Baptism symbolizes that the person is being set apart for a special purpose and is being filled with the Holy Spirit Examples: David and Saul were anointed with oil at their coronation, Vocations, Universal Call to Holiness, Descent of the Holy Spirit at Pentecost, CCC 1212, 1213-1216

- □ Explains that by virtue of our Baptism, we are called to know, love, and serve God, and one another
- □ Reports that the reception of the Holy Spirit in Baptism empowers us to fulfill our call from God

(6.2.2 S, M, T)...describes the order of the holy Mass

Examples: Introductory Rites, Liturgy of the Word, Proclaiming God's Word in Liturgies, Offertory, Stewardship, Liturgy of the Eucharist, Concluding Rites, Mass responses, Responsorial Psalm, Prayers of the Faithful, CCC 1113, 1136-1162

- □ Summarizes the liturgical responses of the assembly (Responsorial Psalm, Prayers of the Faithful, Lamb of God, Lord I am not worthy...)
- $\hfill\square$  Identifies the Mass as the highest form of prayer of the Church

(6.2.3 S, M, T)**ESSENTIAL**...reports that every consecrated host, in all the tabernacles throughout the world, is the real presence of the risen Jesus

Examples: Body, Blood, Soul, Divinity, Bread, Wine, Words of Consecration, Source and Summit of the Christian life, Grace, forgiveness, healing, CCC 1322-1327, 1374-1381

- □ Explains that the Church reveals the presence of the risen Christ through the Eucharist and the Sacraments
- □ Clarifies that both "species" (bread or wine) of the Eucharist contain the real presence of Jesus, and therefore one, the other, or both can be received for holy communion

(6.2.4 S, M, T)*ESSENTIAL*...explains that Reconciliation is not just about confessing our sins, but also about making amends and trying to change our behavior Examples: Penance, Act of Contrition, Ongoing conversion, "Go and sin no more" (Jn. 8:11), Examination of Conscience, Pius XII's writings on the benefits of frequent confession, CCC 1427-1448, 1459

- Describes the Sacrament of Reconciliation as a sacrament that we can receive as often as we need it
- Reports that Reconciliation grants us additional graces to help us resist future temptation
- $\hfill\square$  Investigates and discusses the benefits of frequent confession

(6.2.5 S, M, T)...explains that the anointing of Confirmation brings about a consecration (making holy) of the person

Examples: Consecration, Apostolic Succession, Pentecost, Acts 8:14-17, Mt. 5:48, CCC 1285-1321

- □ Identifies the Bishop as the proper minister of Confirmation
- □ Lists the requirements to receive the sacrament (profess the faith, state of grace, desire the sacrament, spiritually mature to be a disciple of Christ)

(6.2.6 S, M, T)...classifies the Ordained Priesthood as a ministry of service Examples: Patience, Compassion, Selflessness, Generosity, CCC 1548-1551, 1562-1568

- $\hfill\square$  Identifies good characteristics needed for the priesthood
- □ Explains that no one has a "right" to receive Holy Orders, moreover the sacrament is a gift to those who are called by the Holy Spirit

# III. Life in Christ and Discipleship

Conscience FormationThe MagisteriumCorporal & Spiritual Works of MercyThe 10 CommandmentsLove of God & Love of NeighborCommunion of Saints

(6.3.1 S, M, T)...highlights the important role that studying the Bible has in forming our conscience

Examples: 10 Commandments, Sacrament of Reconciliation, Examination of Conscience, forming a moral conscience and growing an informed conscience, CCC 1783-1785, 1786-1789

- $\hfill\square$  Recognizes that we are responsible for our own actions and that our actions have consequences
- □ Explains that frequent use of the Sacrament of Reconciliation and the examination of conscience are invaluable tools in our journey to form our conscience to God's will

(6.3.2 S, M, T)...reports that despite our differences in talents, physical abilities, fame, money, or intellectual abilities, we are all equal in dignity before God Examples: Genesis 1 & 2, 10 Commandments, Optional Topics: abortion, medically assisted suicide, death penalty, CCC 1934-1938, 2258, 2268, 2270-2283

- Conveys that Christians have a moral obligation to protect life from conception to natural death
- □ Explains that God created persons of different races and cultures, but we all are one in God

(6.3.3 S, T)...identifies that the last 7 commandments of the Decalogue (10 Commandments) concern how we are called to love our neighbors Examples: CCC 2056-2063, 2066, 2514-2557

- □ Explains that the commandment to "Honor Thy Mother and Father" does not end when we stop relying on our parents' help and guidance
- □ Gives examples of "Bearing false witness against your neighbor": including slander (calumny), gossip, and detraction (disclosing another's faults and failures without good reason)
- □ Explains the last two commandments to not covet your neighbor's wife or goods concern sins of theft, greed, envy, lust, and viewing/treating others as objects

**(6.3.4 S, T)***ESSENTIAL*...describes the Corporal and Spiritual Works of Mercy as actions by which we aid our neighbor in his or her spiritual and bodily necessities Examples: The Gifts of the Holy Spirit, Corporal and Spiritual Works of Mercy, 10 Commandments, The Great Commandment, CCC 686, 689, 1717, 2013-2014

- □ Recognizes that the Holy Spirit enables us to grow and act without seeking payment or recognition, but in a Christian manner
- □ Explains that our call to perform works of mercy directly imitates the work Jesus did in public ministry

(6.3.5 S, M, T)...describes the struggles of imitating Jesus in the world today Examples: Particular Saints – St. Augustine, St. Lawrence, St. Elizabeth Ann Seton – first American born saint, many others, CCC 2013-2014, 2030, 2683-2684, 2156

- Gives examples of how the saints pursued holy and virtuous lives yet at times struggled with sin
- □ Identifies that the way of Spiritual Progress (toward a closer friendship with God) goes through the way of self-sacrifice and spiritual battle

(6.3.6 S, M, T)*ESSENTIAL*...explains how the Magisterium continues to guide and teach the faithful how to be faithful disciples in the world today

Examples: Catholic social teaching, The Church's teachings life issues, immigration, the dignity of the human person, and the common good; excerpts from *Laudato Si*, CCC 1928-1942

- □ Reports that the Magisterium is guided by the Holy Spirit in matters of faith and morals
- □ Traces the origins of the Church's Catholic Social Teachings (social justice, care for the environment, morality) back to the Magisterium

## IV. <u>Prayer and the Life of Prayer</u>

### The Lord's Prayer What is Prayer? Expressions of Prayer

(6.4.1 S, M, T)*ESSENTIAL*...explains that prayer is not just about asking God for things we want, but it is also about listening to God and spending time in His presence Examples: Prayer before Meals, Prayer after Meals, St. Michael Prayer, Prayer of Thanksgiving, Parts of the Mass, Our Father, Psalms, Stewardship, CCC 224, 1328, 2561, 2637-2638

- □ Shares that through prayer we as Christians are called to be thankful for the gifts we have been given
- □ Clarifies that we are all called to engage in private prayer when moved by the Holy Spirit, not just at regularly scheduled times or at Mass

(6.4.2 S, M, T)*ESSENTIAL*...identifies the "Our Father" as a prayer that summarizes all the important things we should ask for and express to God

Examples: 7 Petitions of the Our Father, Give us this day our daily bread, CCC 2759, 2822-2825, 2828-2837

- □ Identifies "Thy will be done on earth as it is in heaven" as a prayer of obedience to God's will
- Gives examples of "our daily bread" that we ask God to give us and identifies the Eucharist as the greatest "daily bread" God can offer us

(6.4.3 M, T)...defines Novena Prayers (9-day prayers for a singular intention) and Devotional Prayers

Examples: Memorare, Sub Tuum, Surrender Novena, Stations of the Cross, CCC 1667-1676

- □ Memorizes and recites the Memorare and St. Michael prayer
- $\hfill\square$  Identifies the essential elements of the Stations of the Cross

(6.4.4 M, T)...compares and contrasts personal and communal prayer life Examples: Matt. 6:6, Heart prayer, communal prayer, praying for one another, Real presence, Exposition, Prayer of Benediction, Reverence, Genuflection, CCC 1178, 1183, 1378-1381, 1418, 2663-2691

- $\hfill\square$  Describes participation in Eucharistic Adoration
- □ Writes a prayer on their own inspired by a teaching of the Church (e.g. real presence of Jesus in the Eucharist), their favorite saint, or liturgical season

### V. Community Life and Missionary Initiation

Gifts of the Holy Spirit <mark>Cardinal Virtues</mark>What is Virtue? Advent Liturgical Year <mark>Use of Scripture</mark>

(6.5.1 S, M, T)*ESSENTIAL*...reports that God used human authors to write Scripture, but in their obedience to the Holy Spirit, these authors wrote only what God wanted Examples: Historical and cultural differences, Prophecy, Senses of Scripture, CCC 101, 105-119

- □ Utilizes basic application of the literal sense (what the author meant to share to their own audience) and spiritual sense (what God meant to share for all people) to engage the Bible
- □ Reports the original written language of the Bible was not English, but Hebrew (Old Testament) and Greek (New Testament)

(6.5.2 S, M, T)...explains that Baptism and Confirmation are the primary ways we receive the Gifts of the Holy Spirit

Examples: Cooperation with Grace, Using the Gifts of the Spirit bears the Fruits of the Spirit, CCC 1830-1832

- □ Reports that we can also open ourselves to receive the Gifts of the Holy Spirit through prayer, openness, and a desire to grow in holiness
- □ Summarizes how habitual use of the Gifts of the Spirit makes us more ready to cooperate with the promptings of the Holy Spirit in our lives

(6.5.3 S, M, T)**ESSENTIAL**...explains how developing virtue requires working day by day to overcome sinful and selfish habits through prayer, frequenting the sacraments, and personal sacrifice

Examples: Dying to self, fasting, almsgiving, giving things up, Reconciliation, CCC 1803-1811

- $\hfill\square$  Defines the virtues of responsibility and diligence
- $\hfill\square$  Gives examples of self-control put into action

(6.5.4 S, M, T)...lists and discusses the 7 deadly sins (see first 7 examples) Examples: Lust, Wrath, Sloth, Greed, Envy, Gluttony, and Pride; Addictions, Bad Habits, CCC 1805-1811, 1865

- Describes how Temperance and Fortitude help us avoid falling into the 7 deadly sins
- $\Box$  Gives examples of Jesus living out each of the Cardinal Virtues in Scripture

(6.5.5 S, M, T)...gives examples of experiences of the sacred in the liturgical year, sacramentals, symbols, and rituals

Examples: Liturgical year, colors, vestments, Crucifix, Holy Water, Holy Oils, Candles, Sacred Art and Music, Not singing Alleluia, CCC 1667-1670, 1671-1673, 1674-1676

- □ Describes changes to the Mass and decoration of the Church during Lent
- □ Discusses rituals and traditions, such as the Epiphany blessing of homes, at special times of year

(6.5.6 S, M, T)...describes the Incarnation of Jesus through the Nativity story Examples: Lighting of the Advent wreath, special prayers and readings during Advent masses, prophecies of Isaiah, Jeremiah, John the Baptist's ministry, CCC 524

- □ Identifies liturgical celebrations and traditions associated with Advent
- □ Discusses the role of the prophets in preparing the way for the Messiah

## VI. <u>Christian Anthropology</u>

(6.6.1 S, M, T)...explains how creation is a good gift created from nothing Examples: Intelligent Design, Evolution, Stewardship, TOB 2-3, 13:2-4; CCC 293-298, 341

- □ Highlights the generosity of God in the gifts of his abundant and beautiful creation
- □ Traces the order and organization of the universe to the wisdom and intelligent design of God

(6.6.2 S, M, T)...defines "original experience" as the most basic human experiences all humanity has in common: original solitude, original unity, and original nakedness Examples: TOB 4:4, 6:2, 9:1, 11:1, 13:1 CCC 337, 339, 369-375, 377

- □ Explains how "original solitude" means the experience of man's being alone-with-God; his unique relationship with God
- Defines "original nakedness" as experiencing the true and clear vision of the person; as gift and in God's image
- □ Defines "original unity" as the experience of humanity's unity-in-difference; the unique relation between male and female

(6.6.3 M, T)...differentiates how man, as the pinnacle of creation, is both similar and dissimilar from God

Examples: TOB 6-7, 8:1, 9:2-3, 10:1, 13:3, 14:1, 16:1-2; CCC 339-344, 355-358, 369-372

- □ Identifies the two ways of being human, male and female
- Discusses why it is a good thing that God created humanity as male and female

(6.6.4 S, M, T)...explains "gift of self" as thoughts, words, or actions that place oneself at the service of others and seek the true good of the other

Examples: TOB 8:4, 9:1-3, 10:1, 14:2, 15:1, CCC 355-357, 1609, 1667, 1889, 1914, 1926, *Gaudium et Spes* 24:3

- □ Summarizes that God's love is defined by His "gift of self"
- □ Explains how man, in the image of the Trinity, learns about himself through a gift of himself

(6.6.5 S, M, T)**ESSENTIAL**...explains that the need to treat God, his creation, and other people with respect and honor is driven by the fact that God is all good and his creation is a good gift

Examples: TOB 14:4, 15:4, 18:4, 19:3-5, 23:5, 56-57:3, 119-120, 132:1; CCC 2096-2097, 2415-2418, 2479, 2518, 2520-2524

- $\hfill\square$  Describes how the body-soul unity reveals man's special dignity
- □ Summarizes how the virtues of modesty, chastity, and purity appropriately reflect the special dignity owed to the human person

(6.6.6 S, M, T)*ESSENTIAL*...explains how the human body is a visible sign (a "sacrament") of God's invisible love

Examples: TOB 19:4, 57:2; CCC 355-356, 364, 2516, 2519

- Describes how the human body is the "temple of the Holy Spirit" (1 Cor. 6:15)
- $\Box\,$  Explains why it is necessary to "glorify God in your body" (1 Cor. 6:20)