**Catechist Self- Assessment**

The General Directory for Catechesis lists six fundamental tasks of catechesis (#84-87) Following are questions for catechists to use as a personal reflection on their growth and formation in these areas. Catechists are then encouraged to bring these to their supervisor.

**Promoting Knowledge of the Faith**

As a catechist, do I: *(check the areas in which you feel competent)*

\_\_\_\_\_\_know and teach the diocesan curriculum *Forming a People of Faith?*

*\_\_\_\_\_* understand how to plan an effective lesson?

\_\_\_\_\_ set clear objectives about what will be learned in each session?

*\_\_\_\_\_* assess whether the students have learned the objectives?

*\_\_\_\_\_* use a variety of teaching methods?

*\_\_\_\_\_* help students apply what they learn to their daily lives?

\_\_\_\_\_ prepare my sessions completely, having all materials ready before the students arrive?

\_\_\_\_\_ participate fully in my own on-going formation, attending parish and diocesan formation opportunities?

\_\_\_\_\_ encourage my students to ask questions, to enter into discussion and take time to research questions for which I may not have the answer?

\_\_\_\_\_ understand the stages of cognitive development and faith development and plan lessons that are appropriate?

**Moral Formation**

As a catechist, do I: *(check the areas in which you feel competent)*

\_\_\_\_\_ know the commandments and the beatitudes and the implications of these in life and can relate them to the age level of my students?

\_\_\_\_\_ spend time and energy strengthening my own conscience formation and help the students to form a right moral conscience?

\_\_\_\_\_ know the Church’s position on issues of social justice and morality? Am I familiar with the seven principles of Catholic Social Teaching?

**Liturgical Action**

As a catechist, do I: *(check the areas in which you feel competent)*

\_\_\_\_\_ fully, actively, and consciously participate in the sacraments and the Sunday liturgy in my parish?

\_\_\_\_\_ encourage my students to fully, actively, and consciously participate in the sacraments and the Sunday liturgy in their parish?

**Teaching to Pray**

As a catechist, do I: *(check the areas in which you feel competent)*

\_\_\_\_\_ have an active personal prayer life that sustains me?

\_\_\_\_\_ teach my students how to pray?

\_\_\_\_\_ encourage students to turn to God in prayer during times of distress or when making decisions?

\_\_\_\_\_ begin and end my sessions with prayer, involving the students?

\_\_\_\_\_ provide a diversity of prayer experiences for the students?

\_\_\_\_\_ emphasize the importance of memorizing the basic prayers of the Church for appropriate age levels?

**Education for Community Life**

As a catechist, do I: *(check the areas in which you feel competent)*

\_\_\_\_\_ experience community in my parish?

\_\_\_\_\_ model what it means to be a forgiving, reconciling presence when someone hurts me?

\_\_\_\_\_ readily admit when I have hurt another, modeling this attitude for the students?

\_\_\_\_\_ meet the needs of all students, including those with special needs?

\_\_\_\_\_\_encourage acceptance of all in the group, regardless of physical, emotional, mental, or faith development differences?

\_\_\_\_\_ encourage students to become involved in the church community in age appropriate activities?

\_\_\_\_\_\_ handle discipline issues effectively and with respect?

**Missionary Initiation**

As a catechist, do I: *(check the areas in which you feel competent)*

\_\_\_\_\_ continually proclaim the Gospel message to my students?

\_\_\_\_\_ seek to equip students to live as disciples of Jesus in all areas of their lives?

\_\_\_\_\_ focus on my own discipleship so as to be a witness to my students?

\_\_\_\_\_ personally have an open acceptance to and participate in ecumenical activities?

\_\_\_\_\_ encourage my students to be open to the vocation call for them be it to the ordained ministry (priesthood), religious life (Sister, Brother), marriage, or the single life?

\_\_\_\_\_ bring to the students an awareness of the activity of missionaries and encourage students to become involved in supporting these missionaries?

Looking at the checklist, choose 2 areas to work on. Write a goal for each area and state strategies for each goal.

**Goal #1** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**State action steps to meet this goal. Choose specific and measurable action steps.**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Due Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Due Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Goal #2** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**State action steps to meet this goal. Choose specific and measurable action steps.**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Due Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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Name of Catechist\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_