

GRADE 10

I. Knowledge of the Faith

God the Son: Jesus Christ Church History Heaven Hell Jesus' Public Ministry Moses
& the Exodus Old Testament Particular Judgment Pentecost Royal Kingdom,
Exile, & Prophets Scripture The Gospels The Holy Spirit The Virgin Mary

(10.1.1 S, M, T) ESSENTIAL...highlights from Scripture how Jesus teaches us through example and prayer, as well as how to live for God and with our neighbors

Examples: Jesus calls others to follow Him, Jesus is the Way, the Truth, and the Life; CCC 1716-1717, 1741-1742, 1847-1848, 2607-2615

- Reports that Jesus reveals the way to repentance and conversion, teaching us to leave behind sin and live a new life in him
- Explains how Jesus gives us the spiritual power and grace through the sacraments to overcome evil

(10.1.2 S, M, T)...identifies the Gospels as the Church's best record of Jesus' Public Ministry

Examples: Jn. 2:1-12, 4:46-54, 5:1-18, 6:1-15, 6:16-21, 9:1-41, 11:1-44; Temptation Narratives, Baptism of Christ, Wedding at Cana

- Compares and Contrasts the beginning of Jesus' Public Ministry between the accounts of the 4 gospels
- Traces the 7 signs and 7 "I AM" statements throughout the Gospel of John that reveal Jesus' divine identity as the Son of God

(10.1.3 S, M, T)...defines The Beatific Vision: the direct knowledge of God's presence and glory as in Heaven, where we see God face to face and participate in His divine life

Examples: Free will, God's perfectly balanced Mercy and Justice, Four Last Things, CCC 163, 325-326, 633, 1033-1037, 2550

- Defines Hell as not a punishment inflicted by God, but rather the result of a person's free and deliberate rejection of God's love and refusal to repent of grave sin. It is the ultimate consequence of the misuse of human freedom, which God permits, as He respects the freedom and choices of each individual
 - Explains the Particular Judgment that occurs for each person at the moment of their death, where God determines whether the person is ready for immediate entrance into heaven, requires purification in Purgatory before heaven, or is condemned to eternal damnation in Hell
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(10.1.4 S, M, T)...summarizes the events of the Pentecost following Jesus' resurrection (Cf. Acts 2)

Examples: Gathering of Jews from all over in Jerusalem, The Descent of the Holy Spirit, Peter's testimony, the conversion & baptism of the 3000, CCC 696, 731-732, 1076, 1287, 2623

- Explores the motif of the Holy Spirit working in the Old Testament: "The Spirit of the Lord was with/came upon" (Cf. Jgs. 3:10, 6:34; Is. 11:2, 61:1' 1 Sam. 16:13-14, Ezk. 11:5)
 - Clarifies that Pentecost began as a Jewish Holiday first, also called Shavuot or Feast of Weeks (Cf. 23:16)
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(10.1.5 S, M, T)...describes the development of the historical monarchy of Israel and its climax in the establishment of the Davidic Covenant

Examples: Source criticism, Historical-Critical Method, Multiple versions of the creation story, of David's census (1 Chr. 21 and 2 Sam. 24:1), compare with differences between the gospels, CCC 61, 64, 121, 218, 702

- Explains that conflicting accounts of stories in the Old Testament are due to historical limits of knowledge and a deepening in understanding God's revelation over time
 - Analyzes the role of prophets, leading up to and through the Babylonian Exile
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(10.1.6 S, M, T)...interprets the role Moses & the Exodus story played in establishing the Torah/Law through the Mosaic Covenant

Examples: The 10 Plagues as spiritual warfare against the Egyptian pantheon, CCC 121, 128-130, 1961-1964

- Explains why the Church views the Old Testament as indispensable
 - Defines Marcionism and discusses why the Church condemns it and any other heresies that reject the value of the Old Testament
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(10.1.7 S, M, T) ESSENTIAL...explains that Mary's Assumption is proof that the Gospel works for all humankind, not just Jesus, the Son of God

Examples: Ps. 2:8-9, Rev. 12:1, 5; Ps.104:2, 1 Kgs. 2:19, CCC 491, 966

- Identifies Mary as the woman depicted in Revelation 12 clothed with the sun and with a crown of 12 stars on her head
 - Summarizes how Scripture supports the Queenship of Mary as in the Jewish monarchy where the mother of the King is Queen (1 Kings 2:19)
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(10.1.8 S, M, T) ESSENTIAL...investigates the importance of religious orders throughout the history of the Church

Examples: Desert Monasticism, St. Meinrad, Religious Orders and Universities, Thomism, Politics and Religion, 95 Theses, Real Presence of Christ in the Eucharist, St. Dominic, St. Vincent de Paul, Catholic Church's critiques of Marxism and Capitalism, CCC 119, 770, 817, 2244-2246

- Traces the understanding of doctrine and the magisterium from the Fall of the Roman Empire through the Renaissance
 - Summarizes the events of the Protestant Reformation and the significant clarifications of the Council of Trent
 - Explains the important role Catholic Social Teaching played during the Industrial Revolution through the World Wars
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II. Liturgy and Sacraments

Anointing of the Sick

The Mass

Eucharist

The Last Supper

(10.2.1 S, M, T) **ESSENTIAL**...articulates what "Full and Active Participation in the mass" looks like, beyond lectoring or serving in "roles" at the Liturgy

Examples: Liturgical Postures, Intentionality, The Offertory, offering ourselves to God, Common Priesthood, uniting our sufferings to the sacrifice of Jesus, Vernacular as the common regional language, Vatican II, CCC 1071, 1141, 1147

- Explains the significance of how we worship with our whole person, body, mind, and spirit
 - Defines "vernacular" and discusses the shift in language away from Latin as the almost exclusive language of the Mass following Vatican II
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(10.2.2 S, M, T)...explains how receiving Anointing of the Sick grants a gift of Hope from the Holy Spirit to protect the recipient from temptations to discouragement and despair, and from other temptations of the devil (Cf. Heb. 2:14-15)

Examples: Sacraments are instituted by Christ, Christ sanctifies all parts of life, CCC 1511-1513, 1516

- Provides Biblical evidence that the sacrament of Anointing of the Sick was instituted by Jesus Christ Himself (Cf. Mk. 6:7-13, Jas. 5:14-15)
 - Discusses how Anointing of the Sick transforms the meaning of suffering from a consequence of original sin to a participation in the saving work of Jesus' Passion
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(10.2.3 S, M, T)...investigates the theology of Real Presence by discussing the Bread of Life Discourse from John's gospel (Jn. 6:22-59)

Examples: Manna is food sent from God, Jesus is God become like food, Murmuring/Grumbling against the Lord, Real Presence, Transubstantiation, CCC 1397-1398

- Compares the Manna sent from Heaven (Cf. Ex. 16, Ps. 78:24) to the Real Presence of Christ in the Eucharist
- Reads Ex. 16:1–8 alongside Jn. 6:60-71 and discusses the challenge of the teaching on the real presence

(10.2.4 S, M, T) ESSENTIAL...explains how we partake in the mystery of the Last Supper when we receive the Eucharist

Examples: “This is my body, given up for you” (Lk. 22:19), Real Presence, excerpts from Scott Hahn’s “The Lamb’s Supper,” the four cups of wine on Passover, Cf. Jn. 19:36, Ps. 34:20, and Ex. 12:46

- Investigates the events of the Last Supper using the historical-critical method (exploring the world the author lived in to better understand their writings)
- Practices connecting Old Testament prophecies to the events of the Passion Narrative

III. Life in Christ and Discipleship

Conscience Formation Communion of Saints Stewardship

What is Discipleship? Sin

(10.3.1 S, M, T) ESSENTIAL...explains that Discipleship is a response to God's grace and an invitation to enter into a personal relationship with Christ

Examples: Cooperation with the Holy Spirit, Sacramental Grace, Evangelization, Witness, Community of Faith, Parish Groups, Mentors, CCC 787, 2044, 2046

- Illustrates how, as disciples, we are called to actively participate in the mission of Christ. This includes sharing the Good News, serving others with love and compassion, and being witnesses to the Gospel in our daily lives
- Distinguishes that discipleship is not an individualistic journey but involves active participation in the Church community and working to spread the faith by word and example of life

(10.3.2 S, M, T)...practices the Examination of Conscience in the classroom as guided by their instructor

Examples: Examination of Conscience isn't limited to Reconciliation prep, Spiritual Directors, Mentors, Writings of the Spiritual Masters, Doctors of the Church, The Truth vs “My truth”, CCC 1783-1785, 1786-1789

- Explains the importance of seeking guidance from trustworthy and morally upright individuals to help properly form our conscience
 - Discusses objective and subjective standards of truth and morality
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(10.3.3 S, T)...summarizes the consequences of original sin on human nature, and why we describe it as “fallen”

Examples: Original sin diminished our human intellect, predisposed us towards disordered self-determination and rebellion, and hindered our free will; “The wages of sin is death” (Rom. 6:23), CCC 1456

- Defines Concupiscence, and gives examples of how it plays out in their lives
 - Defines “Near Occasions to Sin” as situations or circumstances that may lead us to sin and discusses examples in modern teenage life
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10.3.4 S, M, T) ESSENTIAL...defines Stewardship as the principle of responsibility for God’s gifts, recognizing that we are entrusted with these gifts to be used in accordance with God's will

Examples: God’s love is for all peoples of all places and times, Love of God and Love of Neighbor, The Common Good, Intergenerational stewardship, CCC 306, 2402

- Reports that God is the ultimate owner of all things and that the goods of His creation were made for the entire human race, not a select few
 - Explains that the right to private property does not abolish the universal destination of goods
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(10.3.5 S, M, T)...explains how the communion of saints involves the offering of good works, prayers, and sacrifices for one another on Earth and in Heaven, as well as the sharing of spiritual goods, graces, and benefits among its members

Examples: “He is not the God of the dead, but of the living” (Mk. 12:27) Praying for the living and the dead, Intercession of the Saints, Intercession and Sacrifices made for one another, CCC 825, 948-959, 1090

- Connects the celebration of Halloween (All Hallow’s Eve), All Saints Day, and All Souls Day to the Communion of Saints
 - Defines Relics and Icons and discusses their place in the life of the Church
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IV. Prayer and The Life of Prayer

Expressions of Prayer What is Prayer? The Lord’s Prayer

(10.4.1 S, M, T) ESSENTIAL...explains how in prayer, the disposition of the heart is crucial; It is not merely about reciting words or going through rituals, but about engaging our whole person

Examples: Prayer by speech, gestures, postures, Sacraments, Sacramentals, CCC 2563

- Recalls the need for persistence of prayer (Cf. Lk. 18:1, 1 Thess.5:16-18)
- Articulates the teaching from Scripture that the prayer of a righteous person is powerful and effective (Cf. James. 5:16, Pvbs. 15:29)

(10.4.2 S, M, T)...explains how personal and communal prayer can also be expressed through meaningful gestures, music, rituals, or even through silent communion or contemplation

Examples: Sanctifying our works, labors, and lives to God, Making the secular sacred, Novenas, The Rosary, Hispanic Ofrendas, devotions to approved Marian Apparitions (e.g. Lourdes, Guadalupe), CCC 1674-1679

- Defines Popular Piety as diverse religious expressions of a private or community nature that are inspired by and reflect the culture of a particular nation or people
- Investigates international examples of popular piety from Catholics around the world

(10.4.3 M, T) **ESSENTIAL**...illustrates how the Our Father is fundamentally a summary of the whole Gospel message

Examples: Our Father as a summary of the *Kerygma*, Spiritual Adoption, God's kingdom is here and now, but also not yet, "For the kingdom, the power, and the glory..." comes from the *Didache* of the early Apostles, Conditional forgiveness, CCC 2761, 2779-2793, 2839-2845

- Explains that the petition, "Forgive us our trespasses, as we forgive those who trespass against us," is asking God to forgive only to the measure we are willing to forgive those who wrong us
- Identifies the Our Father as a universal prayer among all Christian denominations

(10.4.4 M, T)...as a class, prays the Litany of Humility, and discusses why it is a challenging prayer to live out

Examples: Printouts, Laudate App, Hallow App, Dying to self, Places others' wants and needs before ours is always difficult, CCC 2559, 2628-2631, 2706-2713

- Discusses healthy nighttime prayer habits and recites the "St. Alphonsus Liguori Prayer Before Sleep"
- Recites the Angelus prayer as a class and traces its origins back to Scripture (Cf. Luke 1:26-38)

V. Community Life and Missionary Initiation

What is Virtue? Theological Virtues Liturgical Year Use of Scripture

(10.5.1 S, M, T)...gives examples of how teens can actively seek out opportunities for virtuous growth and development

Examples: Attending retreats, participating in youth groups, taking advantage of faith formation programs at their parish or campus ministry, CCC 1839

- Explains how the virtue of self-discipline is giving the best of myself and saying "no" to anything that leads me away from God
 - Defines "courage" as moving beyond fear and finding the strength to venture forth and persevere in adversity
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(10.5.2 S, M, T) **ESSENTIAL**...explains how practicing the virtue of Hope requires detachment from worldly goods and status

Examples: Storing up treasures in Heaven (Cf. Mt. 6:19-21), Blessed are the Poor in Spirit, Living modestly, practicing moderation, Tithing and giving alms, CCC 1817-1821

- Investigates examples of living out the virtue of Hope and being poor in spirit in practical terms for lay people, both single and those with families
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(10.5.3 S, M, T)...identifies the various liturgical colors used in the Church and their symbolic themes/times of use (White/Gold- Christmas/Easter, Green-Ordinary Time, Black-Good Friday/Funerals, Purple-Lent/Advent, Rose-Gaudate Sunday/Laetare Sunday, Red-Pentecost/Feasts of Martyrs/Blood of Christ)

Examples: Red or Black can be used on Good Friday, representing mourning and Jesus' Passion, Easter is the "Solemnity of Solemnities", CCC 1163-1170

- Distinguishes that The Easter Triduum (Holy Thursday-Easter Vigil) is the holiest time of the Liturgical Year
 - Identifies the first Sunday of Advent as the beginning of the Liturgical New Year and that the Feast of Christ the King marks the end of the Liturgical Year
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(10.5.4 S, M, T) **ESSENTIAL**...distinguishes that the Bible is not the sole way God chose to hand the truths of Revelation (Scripture AND Tradition)

Examples: The Deposit of Faith, Author's intention, Spiritual Senses, Biblical Events point to Christ, Didache, Writings of the Church Fathers, CCC 80-83, 115-119

- Defines and gives examples of the Four Senses of Scripture (Literal, Moral, Allegorical, Anagogical)
 - Explains that nothing taught through Tradition ever contradicts the truths of Scripture since both come from Christ through the Apostles
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VI. Christian Anthropology

Christian Anthropology The Church Original Sin Creation

(10.6.1 S, M, T)...investigates Genesis 3 and what it teaches us about the Fall, original sin, and our current state of humanity

Examples: Consequences of sin, all injustices can be traced back to sin, “Go and sin no more” (Jn. 8:11), Original Solitude, Original Nakedness, Original Unity, CCC 705, 817, 845, 953, 1008

- Reflects on how Jesus Christ calls, not accuses, the human heart to greatness even in the face of sin
- Highlights the three “original experiences” that the first man and woman – and every human person – experience, providing a pattern for what it means to be human

(10.6.2 S, M, T) ESSENTIAL...articulates the unique dignity of the human person, based on who one is, not what one does

Examples: Child of God, Uniquely made, Universal call to holiness, human value is not based upon what we offer society, CCC 705, 1700-1715

- Examines how the resurrection of the body reveals the dignity of the human person
- Explains that disabilities do not remove one’s dignity, and in fact, that such situations teach us all about what it means to be a creature

(10.6.3 M, T)...explains that chastity involves authentically loving and treating others as they deserve

Examples: Chastity is an expression of how justice is lived out in love/charity, Avoiding objectification, Purity requires modesty, Near occasions to sin, dating vs. courtship, CCC 1832, 2439, 2521-2524

- Explains that modesty isn’t simply about covering up and masking, but rather revealing what is most important about a person
- Explores the implications chastity and modesty have on dating relationships

(10.6.4 S, M, T)...explains what it means to say that the Church is the Bride of Christ

Examples: Jn. 3:29, Mt. 9:15, 25:1–13, Rev. 19:7, 22:17, CCC 796, 808, 1637

- Interprets Ephesians 5 to explain how the mutual love of husband and wife and their obedience to Christ fulfills their marriage covenant
- Explores what it means to be “subordinate” (to yield to another’s admonition or advice) and how subordination does not violate the dignity of the human person

(10.6.5 S, M, T) ESSENTIAL...investigates how femininity and masculinity reveal the Spousal meaning of the Body

Examples: Spousal love is gift of self, Complimentary of the men and woman, Gen. 1:27,

CCC 1535, 1601-1603, 1637-1643

- Illustrates how every vocation has a spousal form and is a definitive way of responding to the call to love
 - Explains how the spousal meaning of the body is lived in marriage and family life
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(10.6.6 S, M, T)...explains how we can understand the Church more fully by seeing her as the Body of Christ

Examples: Great Commission, High Priestly Prayer of Jesus, Church is the Bride of Christ, “And the two shall become one flesh” (Gen. 2:24 Mk. 10:6–8), CCC 775-779, 789-792, 805-807

- Connects the command of the risen Jesus to “go out and make disciples of all nations” (Cf. Mt. 28:19-20) to the prayer of Jesus that “all might be one” (Cf. Jn. 17:9-26)
- Highlights the connection between the new evangelization and the dignity of the human person