OBTAINING LOW-GLUTEN HOSTS AND MUSTUM (updated July 13, 2017)

In the dioceses of the United States, there are four approved distributors of low-gluten hosts and two of mustum that have the approval of the USCCB Secretariat of Divine Worship.

**Low-Gluten Hosts**

1. **Benedictine Sisters of Perpetual Adoration**
   - Altar Breads Department
   - 31970 State Highway P
   - Clyde, MO 64432-8100
   - Phone: (800) 223-2772

2. **Parish Crossroads**
   - P.O. Box 2413
   - Kokomo, IN 46904
   - Phone: (800) 510-8842
   - Web: [www.ParishCrossroads.com](http://www.ParishCrossroads.com)

3. **GlutenFreeHosts.com Inc.**
   - 100 Buckley Road
   - Liverpool, NY 13088
   - Phone: (800) 668-7324 ext. 1

4. **Cavanagh Company**
   - 610 Putnam Pike
   - Greenville, RI 02828
   - Phone: (800) 635-0568
   - Web: [www.CavanaghCo.com](http://www.CavanaghCo.com)

**Mustum**

1. **Mont La Salle Altar Wines**
   - 605 Trancas Street, Suite D
   - Napa, CA 94558
   - Phone: (800) 447-8466
   - Web: [www.MontLaSalleAltarWines.com](http://www.MontLaSalleAltarWines.com)

2. **Monks Wine and Candles**
   - P.O. Box 681248
   - Schaumburg, IL 60168
   - Phone: (800) 540-MONK (6665)
   - Web: [www.MonksWineAndCandles.com](http://www.MonksWineAndCandles.com)