**A Kind Person: A Living Witness of Truth and Mercy**

Who has not enjoyed being with a kind person? A kind person conveys trust, peace, joy, and truth to a relationship. And truth is Jesus himself. Therefore, by bringing Jesus to our lives a kind person helps us to discover the truth about God, ourselves, the other, and creation.

Now, who is a kind person? This is a crucial question in our times especially when kindness can be understood as only a group of gentle communication skills—words, actions and gestures—without any concern for each other’s needs and struggles, especially when those needs are related to accepting and receiving God’s mercy. It seems to me that sometimes we, out of not making anybody uncomfortable and violating one’s privacy, choose to be “kind without expressing our concern for others in need.” However, being kind, as a fruit of the Holy Spirit, is more than an “unconcerned kindness.”

A kind person understands what it means to be a member of the Body of Christ: “If one part suffers, every part suffers with it” (1 Cor 12:26). This suffering moves a kind person to reach others in need—with spiritual and/or corporal needs—with respect and sensitivity beyond any boundary.

Consequently, a kind person accompanies the needed when he/she is struggling with any sort of spiritual, emotional, psychological, physical and/or material misery. *A kind person really helps those in need—family, friends, and coworkers, among others—to be in touch with his/her sins and wounds so that the reality of God’s mercy in Jesus Christ can effectively heal the reality of a wounded heart.* The kind person understands that by helping one in need he/she is sharing his/her own experience of being in an ongoing process of redemption.

Therefore, a kind person is a living witness of truth and mercy, and a missionary disciple who has learned from Jesus to be “gentle and humble of heart” (Matthew 11:29). And Jesus came all the way down to save us and to restore us to our dignity.

Are we living witnesses of God’s kindness, truth and mercy in Jesus Christ? Let us proclaim, as missionary disciples, what we have received from God by being kind, merciful and truthful with each other as members of one Body—the Body of Christ. And if one approaches us with a truthful kindness, let us not reject him/her; it might be that God’s mercy is touching us.